

**A.Y.DADABHAI TECHNICAL INSTITUTE,
KOSAMBA**



LIFE SKILLS WORKSHOP (3 DAY'S)

UNDER

GTT FOUNDATION

AT

A.Y.DADABHAI TECHNICAL INSTITUTE, KOSAMBA

FROM

25TH August to 27th August, 2022

SUPPORTED BY

BARCLAY'S



**3 Day's Workshop on
Life Skills**
Sponsored by
GTT Foundation
Dt. 25-08-2022 to 27-08-2022

LIFE SKILLS WORKSHOP

A 3 day's workshop on life skills was organized at A.Y.Dadabhai technical institute, Kosamba from 25th august to 27th august 2022. The workshop was sponsored by GTT foundation & Barclays. The GTT foundation a career support venture, set up by some of the best minds from the industry, education & technology domains.

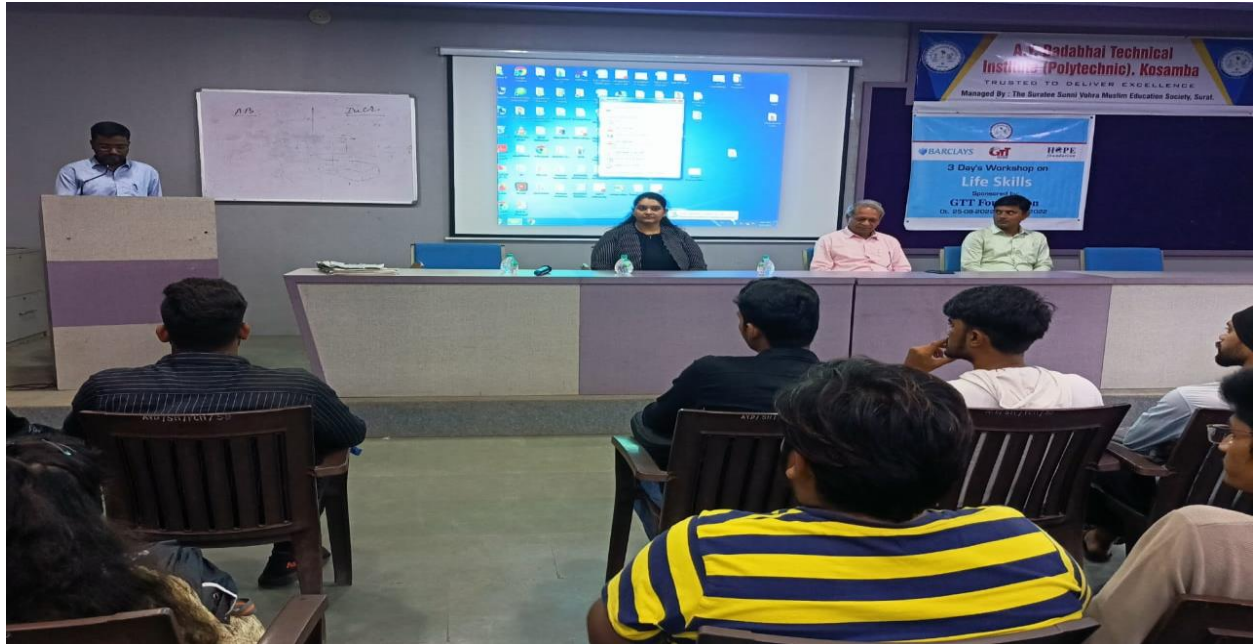
The venture aims to provide quality with scale through program delivered with the help of innovative technologies & compelling content.



Inauguration of life skills workshop

In this workshop 70 students from all disciplines participated with a view to expose students of our institute to aware about life skills. The main objective of program is to prepare students for corporate environment. All 70 students were exposed to different aspects of life skills like interview techniques, corporate etiquettes, carrier selection, etc

The inauguration function of workshop was held on 25th august 2022 at 9:15 A.M. at seminar hall in the presence of our expert MRS. AAYUSHI K.BHATT (soft skills trainer, GTT foundation Surat), MR. Bhairav sindhe (event organizer GTT Foundation) and DR. D.V. Patel (principal A.Y. Dadabhai technical institute), faculty members & students.



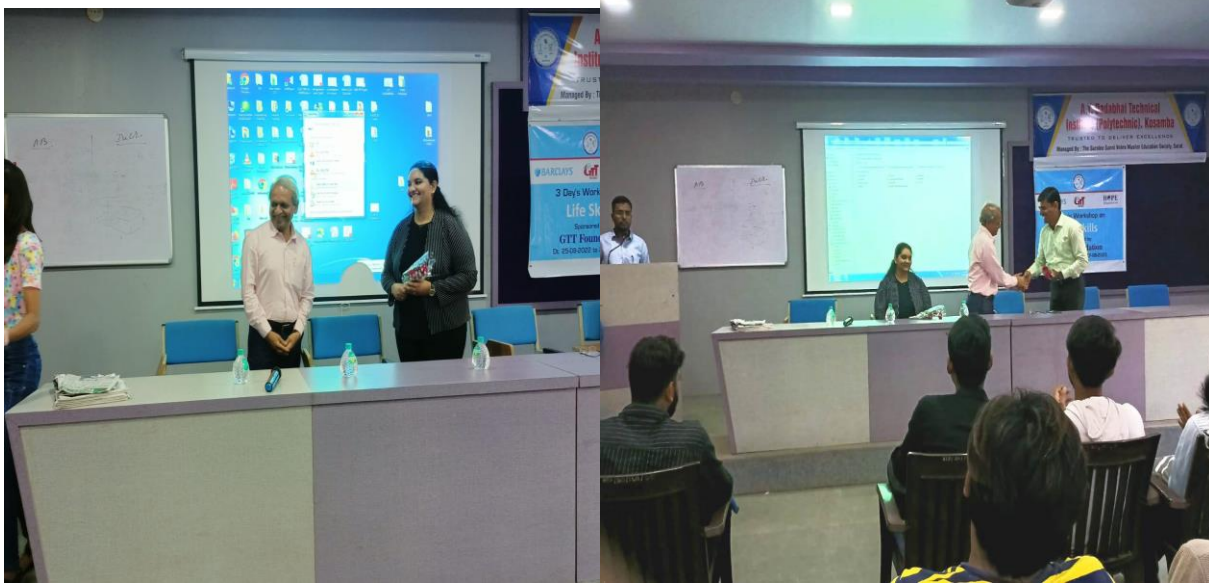
Introduction by head of T&P cell MR. M.A. sheikh

The function started with prayer & head of training and placement cell, MR. M.A. sheikh gave brief introduction of guest and also briefed about life skills workshop



Welcome speech by principal DR. D.V. Patel

After introduction by our principal DR. D.V. Patel welcomed our guests. Principal gave brief introduction about institute & also shared successful journey of institute. DR. D.V. Patel(Principal) felicitates our guest MRS. AAYUSHI K. BHATT & MR. BHAIRAV SINDE with flowers.



Flower felicitation to Mrs.Aayushi K.Bhatt & Mr. Bhairav Sinde by DR. D.V. Patel

After floral felicitation MR. BHAIRAV SINDE briefing the students about life skills workshop & informed the students about various activities done by GTT foundation.



Mr.Bhairav Sinde Briefing students

After this MRS. AAYUSHI K. BHATT starts their first day's session. On the first day she covered following topics & activities.



JOB READINESS WORKSHOP - Barclays Life Skills			
Main Topic	Sub Topic	Objectives	Duration
DAY 1			
Introduction	Introducing the Life Skills Program	What is in it for me? Understanding the objective of the Life skills Program	3 Hours
Interview Skills	Online Image	Building a strong impression online and sustaining online credibility	
	Self-Awareness	To Know your personality	
	Grooming	To study corporate grooming habits (The right attire)	
	Body Language	To imbibe the right body language for a professional environment	4 Hours
	Confidence	To increase self-belief and faith in one's own abilities	
	Interview FAQs	Learn to face frequently asked interview questions	
	Resume	To build strong profiles through effective resume writing	
Rejections	To understand how to handle interview rejections and come back from setbacks		

Moment of First Day



DAY 2 Activity			
Corporate Readiness	Values	An introduction to values in a corporate environment	4 Hours
	Ownership	To learn how to be accountable and own tasks, projects, etc.	
	Respect	To understand the importance of respect as a critical corporate value	
	Teamwork	To understand collaboration and its importance in the corporate world	
	Auto-didacticism	To leverage self-learning and self-directed education	
	Flexibility	To learn how to be flexible while playing multiple roles	
	Time Management	To improve effectiveness at work and achieve a balance	4 Hours
	Stress Management	To understand how stress can be managed and to lower depression	
	Positive Attitude	To take the step towards positive success by adapting the right approach	
	LinkedIn (Profile Management)	To gain knowledge on LinkedIn account management and tips to enhance a profile	

Day-2 Activity





Day -3 Activity

Mock Interviews & Group Discussions	In basket simulation (Learning Application)	Group Discussion rules and enhance Public Speaking skills (Group Discussion)	3 Hours
		Tips to handle Interviews and be able to create the right impression (Mock Interviews)	3 Hours
	SWOT Analysis	To Self-evaluate and analyze strengths and areas of improvement	3 Hours
	Active Listening		
	Probing Skills		
	Aptitude & Logical reasoning	VERBAL – Synonyms, Antonyms, Sentence completion & passage writing, Verbal ability Quantitative Aptitude - Arithmetic & Data Interpretation Analytical & Reasoning – Critical Reasoning, Logical, Verbal & Nonverbal	

Day -3 Moments



Students Presentation



Expert Delivering Session



Group Discussion session



Personal Interview Session

At the end of third day of workshop Director of institute M.r.M.M.Dalchawal interacted with students and reviews the feedback of program. Director also thankful to expert Mrs.Aayushi Bhatt for sharing valuable knowledge to students and also thankful to GTT foundation and Barclays for sponsoring 3 days' workshop on life skills.



Director M.r.M.M.Dalchawal interacted with students



Memento given by Director M.r.M.M.Dalchawal to Mrs.Aayushi Bhatt



Group photo

Prepared by
MR.M.A.SHEIKH